



## Session Five

# “Facing The Father Wound”

## I. Let’s Summarize Where We Are

- A. We are in the process of understanding why we are the way we are.
  - a. Each of us has a story to tell.
  - b. Each of us to some degree is a product of the past.
  - c. Each of us is, in some ways, controlled by the past until we consciously and willingly choose to break that control
- B. This wound is being inflicted upon sons at epidemic levels today

## II. Eight Proactive Remedies For the Absent Father Wound

- A. If you’re a Dad... make sure your son (s) has “The essentials.”

MAKE SURE HE HEARS YOUR BLESSING...	MAKE SURE HE HAS...
I love you (affection)	A Manhood Vision
I’m proud of you (admiration)	A code of conduct
You’re good (affirmation)	A transcendent cause

- B. It’s never too late to close the gap with your son no matter how old.
- C. If you’re a single dad, or separated from your sons by divorce, or who has inherited sons through marriage, seek help and a sound strategy.
- D. If you’re a son who has been wounded by Dad...choose to touch this wound responsibly.
  - a. Choose to forgive your dad..
  - b. Choose to believe in God’s justice.
- E. If you’re a son wounded by Dad... courageously seek reconciliation with your father.
  - a. The breach may be from your dad’s relationship shortcomings. Don’t let that stop you.

- b. The breach may be from past conflict. You need to clean it up
- F. If you're a son wounded by Dad...risk asking for your father's love...
- G. If you're a son wounded by Dad...risk asking for your father's blessing...
- H. If you're a son wounded by Dad...redeem the relationship by becoming a good dad to your children.

## **QUESTIONS FOR YOUR SMALL GROUP DISCUSSION**

- Have you released Dad and assumed responsibility for your own life? If you could sit down and "bare your soul" to your father, what would you say to him?
- Which of the eight father wound remedies could you apply to your life right now? Explain.
- What do your children need from you right now? Are there things you are doing (or not doing) that may cause your children to be wounded later in life?

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